

LYNX TRACKS

The Newsletter of the Lincolnville Central School

<https://lcs.fivetowns.net/>



MARCH 2024

BASKETBALL CHAMPS!!!!



(More basketball news on page five)

March Calendar

4 **School Committee Meeting** 6-8 pm

6 Chess Club 3-4 pm, join anytime

8 Middle School Dance 7-9:30 pm

13 Chess Club 3-4 pm, join anytime

13 **PTO Meeting** 6-7 pm

14 Early release, 11:30, for **Parent Conferences** (please schedule with teachers)

15 No School, Teacher Workshop Day

20 Chess Club 3-4 pm, join anytime

21, 22, 23 School Play-**The Little Mermaid**-6:30 pm

27 Chess Club 3-4 pm, join anytime

APRIL 1 **School Committee Meeting** 6-8 pm

Pre-Kindergarten Program

at the **Lincolnvile Central School**

Students must be **four years old by October 15, 2024**. The program uses the same calendar as grades K-8, runs five days a week and approximately 6 hours per day. Transportation is provided via our regularly scheduled buses. A total of 16 students will be accepted. Please call Marie at the school office for more information, 763-3366.

Lincolnvile Central School Kindergarten Pre-registration

Is someone in your family beginning Kindergarten in September 2024? Perhaps someone you know will be ready for school this fall? Please call the school office at 763-3366 and pre-register your child as soon as possible. Please note, children need to be **five years old on or before October 15th**.

Lincolnvile Central School

presents



Thursday, March 21

Friday, March 22

Saturday, March 23

6:30 PM

General Admission/\$5 each

Email: lcsmermaidtix@gmail.com to reserve your tickets

Music by

Alan Menken

Lyrics by

Howard Ashman and Glenn Slater

Book by

Doug Wright

Based on the Hans Christian Andersen story

and the Disney film

Music Adapted and Arranged by

David Weinstein

An Important Message from Nurse Reagan

Hello LCS Community,

I hope your students had a restorative break.

If you have a student entering Kindergarten or Grade 7 in the fall, please know that additional immunizations are required. In order to avoid any delay to the start of their 2024 -2025 academic year, please reach out to your PCP to schedule these appointments. If you have any questions about what your student might need, please don't hesitate to call me.

Required for Kindergarten entry:

1 additional MMR (measles, mumps, rubella)

1 additional Varicella (chickenpox)

Required for Grade 7 entry:

All previously required vaccines

1 Tdap

1 Meningococcal Conjugate Vaccine (MCV4)

Spring sports are on the horizon. **If your students wish to participate in sports, please have their most recent physical faxed to the Health Office (763-3455).** The physical must have been completed in the last two years and state "cleared for sports. "

March is National Nutrition Month. This month we will focus on the importance of making informed food choices, developing healthy eating and physical activity habits. Check out eatright.org for some fun ways to encourage your kids to try new foods and get active!

ConvenientMD Urgent Care has opened a new office in Belfast. "From sutures to sniffles we check all the right boxes." This is a walk-in clinic serving all ages, from those with minor emergencies to routine care. Follow this link to see the list of services provided.

<https://convenientmd.com/locations/belfast-me-urgent-care/>

Thank you to the PTO and all the families for your continued support.

With gratitude,

Reagan

Basketball CHAMPIONS!!!

After an undefeated season, the Lincolnville boys basketball team won the Busline League championship on Saturday, Feb. 10, at Wiscasset Middle/High School. Team members for the Lincolnville boys, coached by Doug Mott and Ken Corson, included Tatham Corson, Larkin Mott, Jack Lytton, Cooper Leland, Ethan Fowler, Andy O'Brien, Avery Wolff, Jack Calderwood, Eli Bregman, Declan Grant, Kyle Herrick, Anthony Cyr and John Yandell. We are so proud of these amazing young men!!!

The small school division also encompasses teams from Appleton, Vinalhaven, North Haven, Islesboro, Hope, Woolwich, Wiscasset, Jefferson and Bristol.

For more info:

https://waldo.villagesoup.com/sports/basketball/lincolnville-boys-boothbay-girls-cap-unbeaten-busline-league-hoop-seasons/article_c7bcea0c-c506-11ee-ac9a-3f6aba80d89a.html?fbclid=IwAR2mA71pBrbdxAMtoDrijghgJeunvbyhhbduB2C6_eRnq-byGJSwK7iYWh4





Girls' Basketball

By Maggie Harbaugh, LCS basketball player

This year the LCS Girls Middle School basketball team made it to the North/South Busline League Championship game. Throughout the regular season games into playoffs we were undefeated. Our games were against St. George, Appleton, Hope, Vinalhaven, and Searsport. We also played two co-ed games against Isleboro. All players on our team throughout the season scored at least one basket. Coach Ryan, Coach Jared, and Coach Mara were very encouraging and helped us win all season long. We won the Busline League North and came in second place overall. In the championship game, we fought hard though our shots were not falling. We played tough and never gave up. The final score was 31-37. The high scorer in the championship game was Catherine Leadbetter with 18 points. She was assisted by Iris Boldoc and Maggie Harbaugh with six points and Alice Lindquist with one point. The 8th graders on the LCS middle school girls basketball team are Catherine Leadbetter, Iris Boldoc, Elise Talty, Alice Lindquist, Lucy Morgernstern, and Piper Brenton. It will be hard to lose them next year and going forward for LCS basketball. They are great teammates who encouraged us to try to win everything for their last year at LCS. For our post-game celebration, on our way back to the school, three fire engines escorted us making it loud and clear that we are champions!





Baseball and Softball Coach Openings

The Lincolnville Central School is seeking a **baseball coach**. HAL is the combined team of students from the Hope, Appleton and Lincolnville schools. The successful candidate will have prior playing and/or coaching experience and will also demonstrate a coaching philosophy consistent with the philosophy of the Busline League and the Lincolnville School Department. A Maine Department of Education History Record Check (CHRC) is required. This is a stipend position.

Please contact Wendy (763-3818 or wendy.tricomi@fivetowns.net) at the School Union 69 Superintendent's Office for an application. Along with the application, please DOE fingerprinting/CHRC documentation, if available, to Kate Clark, PO Box 539, Lincolnville, ME 04849. EOE

Lincolnville Central School is seeking a **softball coach**. HAL is the combined team of students from the Hope, Appleton and Lincolnville schools. The successful candidate will have prior playing and/or coaching experience and will also demonstrate a coaching philosophy consistent with the philosophy of the Busline League and the Lincolnville School Department. A Maine Department of Education History Record Check (CHRC) is required. This is a stipend position.

Please contact Wendy (763-3818 or wendy.tricomi@fivetowns.net) at the School Union 69 Superintendent's Office for an application. Along with the application, please include DOE fingerprinting/CHRC documentation, if available, to Kate Clark, PO Box 539, Lincolnville, ME 04849. EOE

Track and Field

Zach Kramer will be running the **track & field** program at CRMS. **This will be a Five Towns team.** Please keep an eye out for the Google Sign Up form.

Start Date: TBD [Either last week of March (Mon, 25th) or first week of April (Mon, 1st), depending on filling asst coach positions]

Location: Camden-Rockport Middle School

Time: 3:30-4:45 pm

Days: Mon-Fri and some Saturdays

Meets: 2 home meets and 3 away meets



Can Lincolnville Win at the State Team Chess Championships?

Dear Chess Team Families,

You do not have to be in chess class to attend!!

The Maine State Team Championship is Saturday, March 9 In Hampden at the Hampden Academy. If you want to help win we need you! The divisions are K/1, 2/3, 4/5 and 6/8. Homeschoolers and kids from out of town can play for Lincolnville if LCS is the closest school with a chess program. I will enter you if you let me know you are going (deadline March 7) and give me your child's CURRENT USCF number (US Chess Federation). To attend, grades 2 and up, you need a current USCF membership. Search here to see if yours is up to date:

<https://new.uschess.org/civCRM/player-search>

or search [uschess.org](https://new.uschess.org) for the menu and select "join" (includes renew). To renew or buy a membership this is a great way to save money:

<https://www.chessmaine.org/uscf-student-memberships>

or search [chessmaine.org](https://www.chessmaine.org) student memberships. You will get a \$20 membership for \$9 if you buy a voucher and use it. Once you have used a voucher for your USCF number please check the box saying it was used. Here are the details on State:

<https://chessmaine.net/chessmaine/Teams%202024.pdf>

or search chessmaine.net events.

After you have your current USCF number and have told me
(BruceHaffner@gmail.com or 847-987-3091) you are coming all you really need to
know is when to be there and when each game starts:

K/1 & 2/3: check in: latest 10:15, games start 10:45, 11:30, 12:30, 1:15: & trophies around 2:30

4/5: check in latest: 9:45, games at 10:15, 11:30, 12:45 and 2: trophies around 3:30

6/8: check in latest 9:15, games at 9:45, 11:45, 1:45 and 3:30: trophies around 5

High School: check in latest 9, games at 9:30, 11:30, 1:30 and 3:30: trophies around 6

I prefer you check in yourself but if you haven't checked in ten minutes prior to the deadline and are enroute please communicate that to me: send me a text and get a response or make a phone call that I answer.

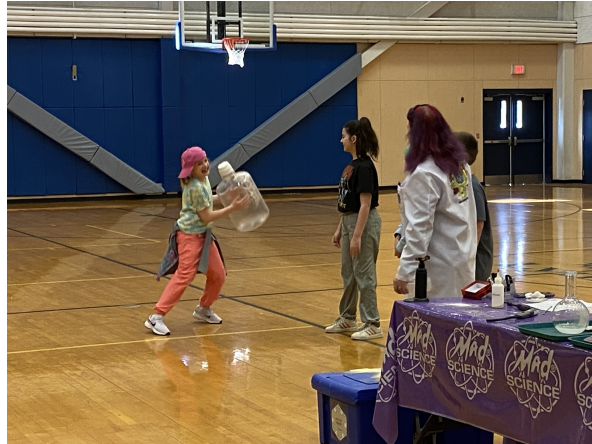
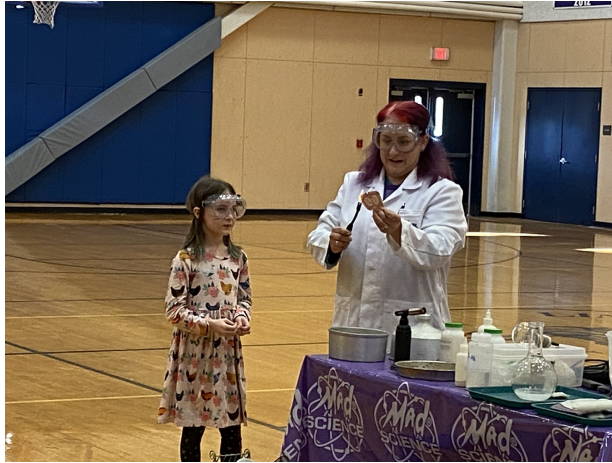
What to Bring:

FOOD: There will be concessions. Bring a pencil (grades 4-12 must notate until they feel "time pressured").

Rules: Touch Move!! You can not win with a king capture!

Preschool to 5th

The PreK-5th graders participated in a Mad Science assembly sponsored by **Partners For Enrichment**. The focus was fire and ice.



Preschool

Tasha Kordek, LCS Pre-K Teacher

Before February break we wrapped up our wind and water unit by making our own sailboats and sailing them in our sensory table!



Kindergarten

Andrea Conover, LCS Kindergarten Teacher

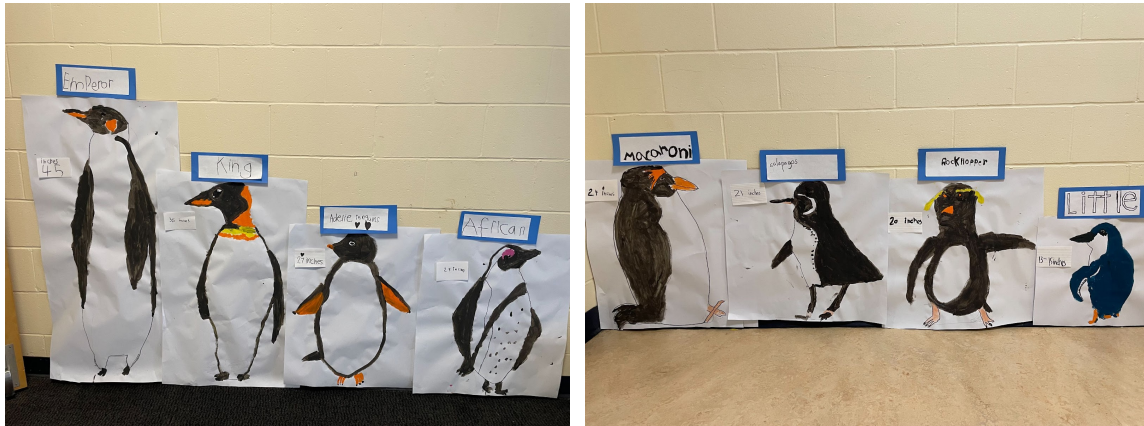
Kindergarten had a super visit to the Page Gallery in Camden!



First Grade

Allison McWilliams, LCS First Grade Teacher

Our first graders have been busy learning about penguins this month. We read books, watched videos, and did some experiments during the unit. Students made nonfiction penguin books and wrote penguin reports. As a culmination of the unit, the students worked with a partner to measure, draw, and paint a penguin species that they learned about. Check out their life size penguins!



Third Grade

Torrie Sprague, LCS Third Grade Teacher

Midcoast Recreation Center in Rockport sponsored the third-grade Learn to Skate program again this year. Students of all levels were coached and taught new skills on the ice. It was enjoyable to watch the kids progress in just three lessons. Thank you to the MRC and their fundraising efforts as well as Justin Laite, James Whitehouse, and Ben Hazen for their help with tying skates! James was very helpful in guiding the kids on the ice as well!



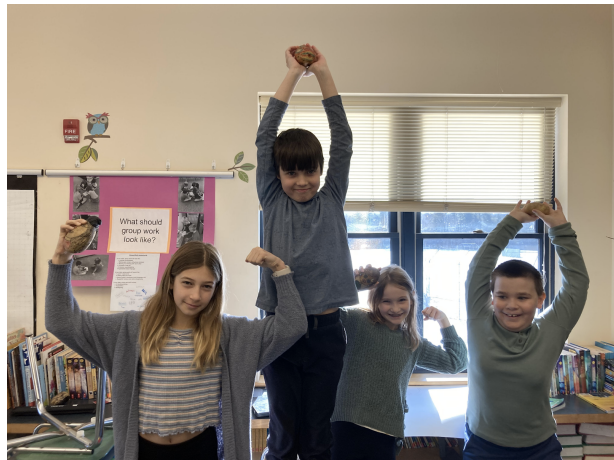
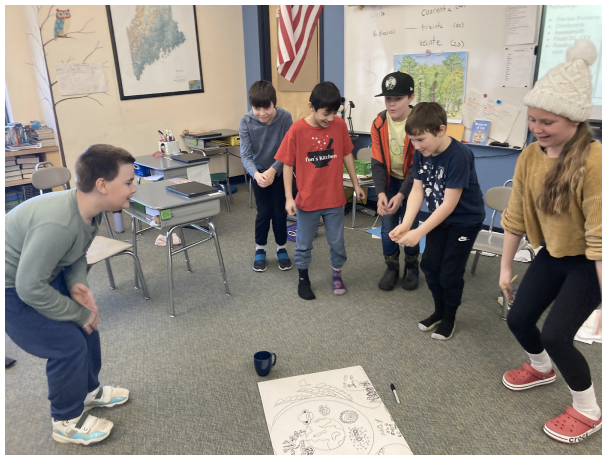


Fourth Grade

From Emily Egeland, LCS Fourth Grade Teacher

Potato Olympics

4th graders applied their knowledge of the metric system to compete in the Potato Olympics. Potatoes competed in many events, including the toboggan, bowling, gymnastics, weightlifting, and diving. 4th graders had to measure and order their scores in order to determine the winners.



Fifth Grade Tech

Valorie Bemis, LCS Tech "Genius"

In January and February, fifth graders created code for their Ozobot to travel around a family Lunar New Year Celebration to collect red envelopes (or "hong bao" in Mandarin) containing random amounts of money. These are traditionally given to children, family members, and friends as symbols of good luck. Students also calculated how much money was collected each time their timed route was run. It was interesting to learn about the Lunar New Year traditions and some of the language.



Guidance

Emojis: The Universal Language of Texting! What's Yours?

For me, Valentine's Day (which is, by the way, one of my top holidays) is about communicating our love and appreciation for people we care about — not just those we may be romantically involved with.

Emojis are all about communicating.

I used to be a Scrooge about emojis. I thought they were kind of dumb and didn't use them much. Then, I started using them and became enthralled by how much they helped me better express the intent behind my words. We all have different emoji-use styles — from complete nonuse to the most curated and abundant use. What are you? What is your child? And why is it even worth asking? It is worth asking because emoji language is a serious thing. Emojis can be an extension of our hearts and minds — figuratively and literally. They can also be a source of laughter and better understanding, as well as a source of confusion and misunderstandings.

Many argue that emojis have become vital to electronic communication, substituting human expressions by replacing voice tones, and facial expressions to enrich written text. One young woman told me, “Emojis help with digital communication by expressing emotions that may be difficult to convey through text alone, as well as clarifying the tone of a message.” I asked young people and adults to share examples of their emoji use, and I am now reporting my favorite responses to you. I can practically guarantee that you will have a fruitful and hopefully fun conversation if you bring up the emoji topic with your kids or students.

How do emojis help with communication?

Adolescents speak up about parent emoji foibles. One girl laughed as she showed me the emoji of the red face with a sweat drop 🥵. She explained, “If I was texting my friends about some guy or whatever. I might use that emoji, but my dad uses it inappropriately because, in his brain, he just thinks oh, he looks tired.”

She offered another example of the skull emoji 💀 and how her dad was way off on that one. She said, “I use that when I'm laughing. It's the same as saying, ‘Oh, that kills me.’ But my dad will use this literally to indicate death.” She added another example, and this one hit me personally. She said all teens know that the face with the tears 😭 means “laughing to tears.” Her dad (and me, by the way!) uses it to convey sadness. Oops

Which ones are your favorites to use or receive? The other day my son shared a meme with me that was poking fun at dads, saying they only used one emoji — the thumb's up 👍. Indeed, when I talked to some boys yesterday, one of them said, “My favorite emojis to use or receive often depend on the context of the conversation. However, I particularly enjoy using/receiving 😊 to express warmth and happiness, 😂 for funny moments, 😭 for uncontrollable laughter or extremely sad, 🙏 for appreciation and thanks, ❤️ or 🥰 to signify love.”

What emojis do we find ambiguous? A friend told me that he likes to use a green heart 💚 with his female friends, and he reserves red hearts ❤️ for family or a romantic partner. I thought that was clever, but I also wondered if any of his female friends knew he perceived this differently. Meaning that the female friend might think there were romantic intentions. “Emojis I find ambiguous are 😊 which can either convey happiness or suck up the pain with a smile, 😬 which either conveys relief or discomfort/embarrassment and 😏 which could either be flirty and fun or used after a sarcastic remark,” another teen told me.

How do emojis help communication within your family? A dad told me today that he likes the emoji in which a person has covered much of their face with their hand 🤔. He says it symbolizes the “really?!” he sometimes

uses with his kids. Another young woman said, “Emojis help digital communication by amplifying the expression of my emotions. Sometimes, picking up on someone's tone in a text can be tricky. That's where emojis come in handy, helping us understand and express ourselves.”

What friends do we have that overuse emoji? One girl gave me this interesting response: “I don't have any friends in particular who overuse emojis, but I find that people will use them when they don't know what to respond back and do so to keep the conversation going.”

Do you know anyone who would be well served by starting to use them? I spoke with a dad today who said that he used to not use emojis much, but he started seeing how his teens were using them, and he learned from them the value and now really likes using them, particularly the shrug one 🤷 and the eye-rolling one 🙄 when he wants to make fun of himself. One boy in college told me the other day that he does not use emojis much but never minds when other people do.

What are emojis each of us uses to express caring? One girl told me that she wanted to add more variety to her emoji repertoire and has decreased her use of hearts ❤️ and started using one of two hands to form the shape of a heart 🤞. She also told me that she has been with her boyfriend for two and a half years, and they still send sweet emojis back and forth, and she loves that they do. I asked what he often sends her, and she said, “He often sends the soft eyes emoji 😊 and blowing kiss 💋 ones and the faces with hearts around them 😍.” How do you express if you feel you are not being cared for enough? One young man I interviewed said, which I thought was super cute, “I use the raised hand emoji 🙋 whenever someone hasn't really responded to me, and I want them to remember me and respond!”

Questions to get the conversation started:

1. What do we think is the most used emoji? Smiley face? Thumbs up? Heart one? Other? (I tried to find a good source for an answer, but answers are all over the map. But it could be fun to try as a family to find data you believe in).
2. What questions from the entire blog can we discuss today?
3. Phones often store the most recent and common emoji a person sends in the emoji section of the device, so that is a good way to see what people use a lot and a good way to have a discussion.

Community Opportunities, not affiliated with LCS

2024 Summer Programs

WE ARE SO EXCITED TO LAUNCH OUR 4TH SUMMER SEASON OF MOUNTAINSEA PROGRAMS!

Explorers Club

A NATURE-BASED DAY CAMP



RISING 1ST-3RD GRADERS: 8/5-8/8
RISING 2ND-4TH GRADERS: 8/19-8/22

Best of the Midcoast

AN ADVENTURE DAY CAMP



RISING 5TH-7TH GRADERS: 7/22-7/25
RISING 6TH-8TH GRADERS: 7/29-8/1

Seas + Skies Expedition

A MULTI-DAY SEA KAYAK & ASTRONOMY
ADVENTURE FOR RISING 8TH-10TH
GRADERS



PEAK OF THE
PERSEID METEOR
SHOWER!!!

AUGUST 10TH-14TH

Guiding Services

HIRE OUR LICENSED MAINE
GUIDES TO TAKE YOU OUT!



REACH OUT, LET'S SCHEDULE!!!

For more info and to register for programs go to:

[MOUNTAINSEAEXP.COM](https://mountainseaexp.com)





Five Town Little League 2024 Registration is NOW OPEN!



Five Town Little League registration for the 2024 season is now open for all players ages 5 – 12!

Please visit the FTLL website today to sign up for the season, as well as the below indoor clinics and baseball/softball major evaluations at The Pitch in Warren.

Please note that signing up for the clinics or evaluations will NOT register your player for the season, that must be done separately.

REGISTER FOR INDOOR CLINICS, EVALUATIONS AND THE 2024 SEASON TODAY AT:

www.fivetownlittleleague.org

TUESDAY CLINICS (6-7pm for 7-9 year olds
and 7-8pm for 10-12 year olds):

2/27 - Baseball
3/5 - Softball
3/12 - Baseball
3/19 - Softball
3/26 - Baseball

SATURDAY CLINICS (12:30-1:30pm for 7-9
year olds and 1:30-2:30pm for 10-12 year olds):

3/2 - Softball
3/9 - Baseball
3/16 - Softball
3/23 - Baseball
3/30 - Softball

EVALUATIONS (returning Major players do NOT need to attend, this is for NEW players only)

4/6 - 12:30-2:00pm - Softball
4/6 - 2:00-3:30pm - Baseball

Please email mainefivetownlittleleague@gmail.com with any questions.

You can also follow us on Facebook at Five Town Little League. **Let's play ball!**

Please send items/photos you'd like included in the next email to

deanna.mcgregor@fivetowns.net

Lincolnville Central School

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